



# November 2024 Middle School Winter Lunch Menu



Meal Price:  
\$3.75  
Milk Only:  
\$0.50

MON	TUE	WED	THU	FRI
<p><b>DAILY OFFERINGS</b></p> <p> 1% White</p> <p> Fat Free Chocolate</p> <p></p>	<p>Assorted Fruits &amp; Vegetables offered daily based upon seasonal availability</p> <p></p>			<p><b>1</b> Chicago Style Hot Dog &amp; Fries</p> <p>Cheese Or Vegetable Pizza</p> <p>Spicy Chicken Sandwich</p> <p>Strawberry Banana Smoothie w/ Cinnamon Roll</p>
<p><b>4</b></p> <p></p>	<p><b>5</b></p> <p></p>	<p><b>6</b> Burrito Bowl w/ Cilantro Rice (Beef or Turkey Barbacoa)</p> <p>Buffalo Chicken Pizza</p> <p>Chicken Sandwich</p> <p>Salad Bar w/ Sunchips</p>	<p><b>7</b> Pasta &amp; Meat, Marinara, or Plant Based Meatballs w/ Garlic Bread</p> <p>Parmesan Cheese Bites</p> <p>Chicken Tenders &amp; Dip</p> <p>Sandwich Bar</p>	<p><b>8</b> Build Your Own Burger &amp; Fries</p> <p>Cheese Or Vegetable Pizza</p> <p>Spicy Chicken Sandwich</p> <p>Strawberry Banana Smoothie w/ Cinnamon Roll</p>
<p><b>11</b> Chicken Egg Rolls or Vegetable Potstickers</p> <p>Cheese or Pepperoni Pizza</p> <p>Dill Chicken Sandwich</p> <p>Chex Yogurt Parfait</p>	<p><b>12</b> Soft Shell Taco Bar (Beef or Turkey Barbacoa)</p> <p>Bosco Cheese Filled Sticks</p> <p>Popcorn Chicken &amp; Dip</p> <p>Sandwich Bar</p>	<p><b>13</b> French Toast &amp; Breakfast Potatoes</p> <p>Buffalo Chicken Pizza</p> <p>Chicken Sandwich</p> <p>Salad Bar w/ Sunchips</p>	<p><b>14</b> Loaded Mac &amp; Cheese</p> <p>Parmesan Cheese Bites</p> <p>Chicken Tenders &amp; Dip</p> <p>Sandwich Bar</p>	<p><b>15</b> Chicago Style Hot Dog &amp; Fries</p> <p>Cheese Or Vegetable Pizza</p> <p>Spicy Chicken Sandwich</p> <p>Strawberry Banana Smoothie w/ Cinnamon Roll</p>
<p><b>18</b> Orange Chicken or Vegetable Potstickers</p> <p>Cheese or Pepperoni Pizza</p> <p>Dill Chicken Sandwich</p> <p>Chex Yogurt Parfait</p>	<p><b>19</b> Chicken Shwarma or Falafel Bowl w/ Pita &amp; Yellow Rice</p> <p>Bosco Cheese Filled Sticks</p> <p>Popcorn Chicken &amp; Dip</p> <p>Sandwich Bar</p>	<p><b>20</b> Burrito Bowl w/ Cilantro Rice (Beef or Turkey Barbacoa)</p> <p>Buffalo Chicken Pizza</p> <p>Chicken Sandwich</p> <p>Salad Bar w/ Sunchips</p>	<p><b>21</b> Pasta &amp; Meat, Marinara, or Plant Based Meatballs w/ Garlic Bread</p> <p>Parmesan Cheese Bites</p> <p>Chicken Tenders &amp; Dip</p> <p>Sandwich Bar</p>	<p><b>22</b> Build Your Own Burger &amp; Fries</p> <p>Cheese Or Vegetable Pizza</p> <p>Spicy Chicken Sandwich</p> <p>Strawberry Banana Smoothie w/ Cinnamon Roll</p>
<p><b>25</b></p> <p></p>	<p><b>26</b></p> <p></p>	<p><b>27</b></p> <p></p>	<p><b>28</b></p> <p></p>	<p><b>29</b></p> <p></p>

## MENU SUBJECT TO CHANGE

Please note that this menu will not reflect any menu changes, please visit our menu app or website for live menu updates/changes.

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Cahokia Long Grain Brown Rice  
Watermelon (Family Fresh Farm)  
Apples (Flamm Orchards)

