



October 2023



Meal Price:
\$3.75
Milk Only:
\$0.50

Middle School Fall Lunch Menu

	MON	TUE	WED	THU	FRI
 PIZZA PLANT BASED 	2 Chicken Potstickers Cheese Pizza Slice Pepperoni Pizza Slice Chicken Sandwich All Beef Hot Dog Chickenless Nuggets French Toast Yogurt Parfait	3 Burrito Bowl w/ Cilantro Brown Rice Bosco Cheese Filled Sticks Chicken Tenders & Dip Hamburger/Cheeseburger Veggie Burger Sandwich Bar	4 French Toast & Breakfast Potatoes Cheese Pizza Slice Pepperoni Pizza Slice Spicy Chicken Sandwich All Beef Hot Dog Southwest Plant Based Bowl Salad Bar	5 Loaded Mac & Cheese Parmesan Cheese Bites Chicken Tenders & Dip Hamburger/Cheeseburger Veggie Burger Sandwich Bar	6 Philly Beef Steak Sandwich Cheese Pizza Slice Pepperoni Pizza Slice Chicken Sandwich All Beef Hot Dog Chickenless Nuggets Salad Bar
 PIZZA PLANT BASED 	9 Orange Chicken & Vegetable Fried Rice Cheese Pizza Slice Pepperoni Pizza Slice Chicken Sandwich All Beef Hot Dog Chickenless Nuggets French Toast Yogurt Parfait	10 Walking Beef Taco Bosco Cheese Filled Sticks Chicken Tenders & Dip Hamburger/Cheeseburger Veggie Burger Sandwich Bar	11 Pancakes & Chicken Sausage Cheese Pizza Slice Pepperoni Pizza Slice Spicy Chicken Sandwich All Beef Hot Dog Southwest Plant Based Bowl Salad Bar	12 	13
 PIZZA PLANT BASED 	16 Chicken Potstickers Cheese Pizza Slice Pepperoni Pizza Slice Chicken Sandwich All Beef Hot Dog Chickenless Nuggets French Toast Yogurt Parfait	17 Burrito Bowl w/ Cilantro Brown Rice Bosco Cheese Filled Sticks Chicken Tenders & Dip Hamburger/Cheeseburger Veggie Burger Sandwich Bar	18 French Toast & Breakfast Potatoes Cheese Pizza Slice Pepperoni Pizza Slice Spicy Chicken Sandwich All Beef Hot Dog Southwest Plant Based Bowl Salad Bar	19 Loaded Mac & Cheese Parmesan Cheese Bites Chicken Tenders & Dip Hamburger/Cheeseburger Veggie Burger Sandwich Bar	20 Philly Beef Steak Sandwich Cheese Pizza Slice Pepperoni Pizza Slice Chicken Sandwich All Beef Hot Dog Chickenless Nuggets Salad Bar
 PIZZA PLANT BASED 	23 Orange Chicken & Vegetable Fried Rice Cheese Pizza Slice Pepperoni Pizza Slice Chicken Sandwich All Beef Hot Dog Chickenless Nuggets French Toast Yogurt Parfait	24 Walking Beef Taco Bosco Cheese Filled Sticks Chicken Tenders & Dip Hamburger/Cheeseburger Veggie Burger Sandwich Bar	25 Pancakes & Chicken Sausage Cheese Pizza Slice Pepperoni Pizza Slice Spicy Chicken Sandwich All Beef Hot Dog Southwest Plant Based Bowl Salad Bar	26 Pasta & Meat or Marinara Sauce w/ Garlic Bread Parmesan Cheese Bites Chicken Tenders & Dip Hamburger/Cheeseburger Veggie Burger Sandwich Bar	27 Chicken & Waffles Cheese Pizza Slice Pepperoni Pizza Slice Chicken Sandwich All Beef Hot Dog Chickenless Nuggets Salad Bar
 PIZZA PLANT BASED 	30 Chicken Potstickers Cheese Pizza Slice Pepperoni Pizza Slice Chicken Sandwich All Beef Hot Dog Chickenless Nuggets French Toast Yogurt Parfait	31 Burrito Bowl w/ Cilantro Brown Rice Bosco Cheese Filled Sticks Chicken Tenders & Dip Hamburger/Cheeseburger Veggie Burger Sandwich Bar	VIEW OUR MENU IN REAL TIME WWW.GETCHOOSI.COM	Assorted Fruits & Vegetables offered daily based upon seasonal availability 	DAILY OFFERINGS 1% White Fat Free Chocolate

MENU SUBJECT TO CHANGE

This institution is an equal opportunity provider.