



Keeping Youth Safe and Healthy Act

Superintendent, Dr. Lori Bein
September 13, 2022



KEEPING YOUTH SAFE & HEALTHY ACT



The Illinois State Board of Education (ISBE) has provided resources for Districts to consider in order to align with Illinois' Keeping Youth Safe and Healthy Act 's new Illinois Health Standards.

We have reviewed our current programming with Candor Health, and know that our current programming meets the required standards.

KEEPING YOUTH SAFE & HEALTHY ACT



District 25's health curriculum is not changing.

We will continue to provide the programs listed below at 5th grade and at 8th grade. These programs are already aligned with the Illinois and National Health standards. We do not plan to provide any of the related instruction at any other grades.

Parents will continue to be given the opportunity to preview the 5th and 8th grade units in their entirety prior to them being shared with students. Parents see and hear the exact slides and presentations that are provided to students.

KEEPING YOUTH SAFE & HEALTHY ACT



Units of study are provided by Candor Health to District 25 5th and 8th grades. The programs are taught by Candor Health professionals with District 25 teachers present in the classrooms.

Each unit is 3 hours total (45-min pre-program, 90-min program, 45-min post-program)

Puberty 1 (5th grade)

Human Reproduction & Embryology (5th grade)

Teen Sexual Health 1 (8th grade)



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PUBERTY I - CONSENT & HEALTHY RELATIONSHIPS



STANDARD	DESCRIPTION	MEETS STANDARD	PROGRAM(S)	DETAILS
CHR.5.CC.1	Describe the characteristics of healthy versus unhealthy relationships among friends and with family members	Fully	Puberty I, Puberty II, Human Reproduction & Embryology	Students learn tools for healthy communication and explore scenarios with siblings, friends and trusted adults
CHR.5.CC.2	Explain the relationship between consent, personal boundaries, and bodily autonomy	Fully	Puberty I, Puberty II, Human Reproduction & Embryology	Consent is taught in all programs
CHR.5.AI.1	Identify trusted adults, including parents and caregivers, that students can talk to about relationships	Fully	Puberty I, Puberty II, Human Reproduction & Embryology	Students learn about and identify specific trusted adults that they can go to with questions

PUBERTY I - ANATOMY & PHYSIOLOGY



STANDARD	DESCRIPTION	MEETS STANDARD	PROGRAM(S)	DETAILS
AP.5.CC.1	Recall the human reproductive systems, including the external and internal body parts and their functions, and that there are natural variations in human bodies	Fully	Puberty I, Puberty II, Human Reproduction & Embryology	Students learn the functions of the reproductive anatomy and understand that everyone's journey through puberty is different

PUBERTY I - PUBERTY & ADOLESCENT SEXUAL DEVELOPMENT



STANDARD	DESCRIPTION	MEETS STANDARD	PROGRAM(S)	DETAILS
PD.5.CC.1	Explain the physical, social, and emotional changes that occur during puberty and adolescence and how the onset and progression of puberty can vary	Fully	Puberty I, Puberty II	Students learn the physical, social and emotional changes that happen during puberty and that these changes occur at different times and rates for everyone
PD.5.CC.3	Explain common human sexual development and the role of hormones (e.g., romantic and sexual feelings, masturbation, mood swings, timing of pubertal onset)	Partially	Puberty I, Puberty II	Students learn the reproductive hormones and that they cause the onset of puberty and can increase mood swings. Masturbation and sexual feeling are not addressed
PD.5.CC.4	Describe the role hormones play in the physical, social, cognitive, and emotional changes during adolescence and the potential role of hormone blockers on young people who identify as transgender	Partially	Puberty I, Puberty II	Students will learn the role that hormones play during adolescence. Hormone blockers are not addressed
PD.5.AI.1	Identify credible sources of information about puberty and personal hygiene	Fully	Puberty I, Puberty II	Students receive access to an on-line informational booklet, have identified trusted adults and been introduced to credible websites such as kidshealth.org
PD.5.AI.2	Identify trusted adults, including parents, caregivers, and health care professionals, whom students can ask questions about puberty and adolescent health	Fully	Puberty I, Puberty II, HRE	Students receive access to an on-line informational booklet, have identified trusted adults and been introduced to credible websites such as kidshealth.org
PD.5.GS.1	Make a plan for maintaining personal hygiene during puberty	Fully	Puberty I	Students learn ways to manage the physical changes that will happen during puberty

PARENT REVIEW OF MATERIALS



September 6, 2022

8th Gr *Teen Sexual Health 1* Parent Night

October 6, 2022

5th Gr *Puberty 1*
Human Reproduction & Embryology

OPTING OUT



Opt-out forms will be sent out by 5th grade classroom teachers & 8th grade Health teachers.

It should be noted, that in the course of typical instruction, some topics can arise through student questions or indirect content that intersect with topics of gender identity, sexual orientation, stereotypes, reproduction, etc. In such cases, there is no requirement or expectation of prior notification, since that cannot be adequately forecast by a classroom teacher.

A stylized, isometric illustration of a house with a light blue body and a grey roof. The house is centered within a large, light grey circular frame. The number '25' is displayed in white on a grey rectangular base at the bottom of the house.

QUESTIONS?