



THOMAS | GREENBRIER | IVY HILL | OLIVE | PATTON
SOUTH | DRYDEN | WESTGATE | WINDSOR

January 7, 2021

Dear Parents/Guardians,

On December 10, 2020, the Centers for Disease Control and Prevention (CDC) issued new quarantine recommendations. Local health authorities, such as Illinois Department of Public Health (IDPH) and Cook County Department of Public Health (CCDPH), may consider these recommendations when establishing the quarantine time frame for individuals who are close contacts of COVID-19 cases. On January 4, 2021, IDPH updated their [decision tree guidelines](#) to reflect these quarantine recommendations.

For close contacts, a 14-day quarantine is still the gold-standard and highly recommended. However, the following option to shorten quarantine for students is an acceptable alternative if additional precautions can be met.

- Quarantine can end **after** Day 10 without testing if no symptoms, including minor symptoms, have been reported during daily monitoring.

With this option the following additional precautions must be followed through Day 14 (including when at home):

- Correct and consistent mask use
- Social distancing
- Hand and cough hygiene
- Environmental cleaning and disinfection
- Avoiding crowds
- Ensuring adequate indoor ventilation
- Monitoring for symptoms of COVID-19 illness
- Minimizing contact with persons at increased risk for severe illness, including vulnerable and congregate populations

*Please note, per IDPH and CCPDH, the seven day release option with a negative PCR Covid-19 within 48 hours of day 7 is only available for adult staff in the K-12 schools. **If any symptoms develop during or after ending quarantine, the individual should immediately self-isolate** and the family should contact their school nurse for further guidance. Guidelines are subject to change and updates will be shared accordingly.*

In Partnership,
District 25 School Nurses