

# Lorado Taft

## CHECKLIST

### 2017

Use the checklist below to ensure you have completed and returned the required documents for your child to attend the 2017 Lorado Taft trip.

\_\_\_\_\_ Permission Slip - **Due 3/21**

\_\_\_\_\_ Payment (\$170.00) - **Due 3/21**

*\*\*Please attach payment to "Permission Slip"*

*\*\*Please contact Mr. Kaye directly with concerns/questions*

\_\_\_\_\_ Health Form (yellow) - **Due 3/21**

*\*\*This is a requirement for ALL students*

\_\_\_\_\_ Taft T-Shirt (optional) \$10.00 - **Due 3/22**

*\*\*Please see attached flyer for more information*

\_\_\_\_\_ Taft Medication Form - **Due 4/17**

*\*\*Complete this form ONLY if you are sending prescription and/or over-the-counter medications*

Copies of all forms are available on the Thomas Middle School homepage

[http://thomasweb.sd25.org/pages/Thomas\\_Middle\\_School](http://thomasweb.sd25.org/pages/Thomas_Middle_School)



# GENERAL SCHEDULE

<b>DELTA: May 8, 9, 10</b>		<b>GAMMA: May 10, 11, 12</b>	
<b>MONDAY, MAY 8th</b>		<b>WEDNESDAY, MAY 10th</b>	
7:35	Students report to homeroom	7:35	Students report to homeroom
8:30	Leave Thomas	8:30	Leave Thomas
10:30	Arrival	10:30	Arrival
11:00	Orientation of Campus	11:00	Orientation of Campus
11:50	Table setters report to Dining Hall	11:50	Table setters report to Dining Hall
12:00	Lunch	12:00	Lunch
1:00 - 5:30	Afternoon Activity Periods #1, #2 & #3	1:00 - 5:30	Afternoon Activity Periods #1, #2 & #3
5:25	Table setters to dining hall; others prepare for dinner	5:25	Table setters to dining hall; others prepare for dinner
5:30	Dinner	5:30	Dinner
6:30	Evening Activities #4	6:30	Evening Activities #4
8:00	Snacks	8:00	Snacks
8:30	Night hike or campfire	8:30	Night hike or campfire
10:00	Return to dorm - prepare for bed	10:00	Return to dorm - prepare for bed
10:30	Lights out	10:30	Lights out
<b>TUESDAY, MAY 9th</b>		<b>THURSDAY, MAY 11th</b>	
7:00	Rise and Shine	7:00	Rise and Shin
7:30	Table setters to dining hall	7:30	Table setters to dining hall
8:00	Breakfast	8:00	Breakfast
8:45	Students report to dorm (Housekeeping)	8:45	Students report to dorm (Housekeeping)
9:00 - 12:00	Morning Activity Periods #5 and #6	9:00 - 12:00	Morning Activity Periods #5 and #6
12:00	Lunch	12:00	Lunch
1:00 - 5:30	Afternoon Activities #7, #8 & #9	1:00 - 5:30	Afternoon Activities #7, #8 & #9
5:25	Table setters to dining hall	5:25	Table setters to dining hall
5:30	Dinner	5:30	Dinner
6:30	Evening Activities #10	6:30	Evening Activities #10
8:00	Snacks	8:00	Snacks
8:30	Night hike or campfire	8:30	Night hike or campfire
10:00	Return to dorm	10:00	Return to dorm
10:30	Lights out	10:30	Lights out
<b>WEDNESDAY, MAY 10th</b>		<b>FRIDAY, MAY 12th</b>	
7:00	Rise and Shine	7:00	Rise and Shine
7:30	Table setters to dining hall	7:30	Table setters to dining hall
8:00	Breakfast	8:00	Breakfast
9:00 - 9:45	Pack/Clean-up/Prepare to leave	9:00 - 9:45	Pack/Clean-up/Prepare to leave
9:45 - 11:15	Activity #11	9:45 - 11:15	Activity #11
10:55	Table setters to dining hall	10:55	Table setters to dining hall
11:15	Lunch	11:15	Lunch
1:00	Departure	1:00	Departure
2:45 - 3:00	Arrive at Thomas	2:45 - 3:00	Arrive at Thomas







**Please carpool for drop-off and pick-up at Thomas if possible.**

# LORADO TAFT ACTIVITIES


<p><b>ARTS AND CRAFTS</b> Students will collect natural materials to be used in creating a variety of craft and environmental art projects. Students develop an appreciation, respect, and awareness for the natural beauty and creativity already in the out-of-doors without a permanent impact on their environment.</p>	<p><b>TEAM CHALLENGE COURSE</b> A highly developed initiative course to test and challenge the student's mental and physical abilities as part of a total group. Sharing and cooperation are important values developed.</p>
<p><b>GEOLOGY TRAIL</b> Students will make use of knowledge regarding rocks and minerals, fossils, deposition, erosion, water flow, land-forming and changing by natural forces while hiking an empty river and drainage bed located in the wooded area of Taft. This area has been developed into a Geology Interpretive Trail.</p>	<p><b>RECREATION TIME</b> The students and teachers will walk down to Lowden State Park and spend time making use of the facilities provided for softball, basketball, football, soccer, volleyball, etc.</p>
<p><b>CROSS-COUNTRY ORIENTEERING</b> A truly adventurous activity enabling a student to learn how to use a magnetic compass and orient a map of the 155 acres of Lorado Taft to find specific marked posts in a designated sequence. The students work in very small groups with one adult to accomplish this task and return to campus. The students develop group cooperation and experience a variety of natural environments.</p>	<p><b>PHOTOGRAPHY</b> Even though cameras are optional and taken to Lorado Taft at the student's risk, we are encouraging student photography of activities and/or the landscape and inhabitants of Lorado Taft. Student pictures will be submitted to judges and one will be selected as a first place. This picture will be made into a 16 X 20 framed picture to be displayed at Thomas. The winner will receive an 8X10 print.</p>
<p><b>BLACKHAWK LETTER WRITING TIME</b> During this activity period the students will walk to Blackhawk Statue (one of the artist Lorado Taft's significant contributions). The students will also develop their personal letters and further complete their "Memory Books" of the Lorado Taft experience.</p>	<p><b>ORT REPORT</b> This activity helps students learn about all of the resources that are involved in food production. They weigh the food that is not eaten at the end of each meal. The food is divided into two buckets (food that can be reused - composted, and food that is wasted). The group graphs the daily results on a chart during their stay at Taft. Students learn how to make better decisions in how much food to initially take, knowing that they can always get "seconds".</p>
<p><b>INITIATIVE TASKS</b> A variety of activities are used to challenge each small group of students. That is, the task-at-hand must be accomplished by everyone in the group, as a group, in order to be considered successful. The students learn to share and cooperate in making a group decision.</p>	<p><b>NATURE AWARENESS</b> Prior to all activities and throughout their three days at Taft, all instructors will use the time to reflect upon and help students observe their environment.</p>
<p><b>RIVER WATER</b> Students will learn about the "uses and abuses" of fresh water. They will collect and analyze organism samples from the Rock River to determine its quality by comparing indicator species. Life jackets and boots are provided for this experience.</p>	<p><b>CAMPFIRE</b> Students and teachers enjoy and develop camaraderie while participating in songs, stories, and experiences around the campfire.</p>
<p><b>PIONEERING</b> This activity introduces students to the rigors of pioneering life that many of our forefathers went through. Activities include fire making, cooking on an open fire, candle making and making wool thread out of freshly cut lamb's wool.</p>	<p><b>NIGHT-HIKE</b> The students are first instructed in this sensory awareness and trust activity as to proper behavior for such an experience. The groups and their leader then proceed on a hike through the woods using their senses, besides sight, to enjoy the natural environment under night-time conditions.</p>

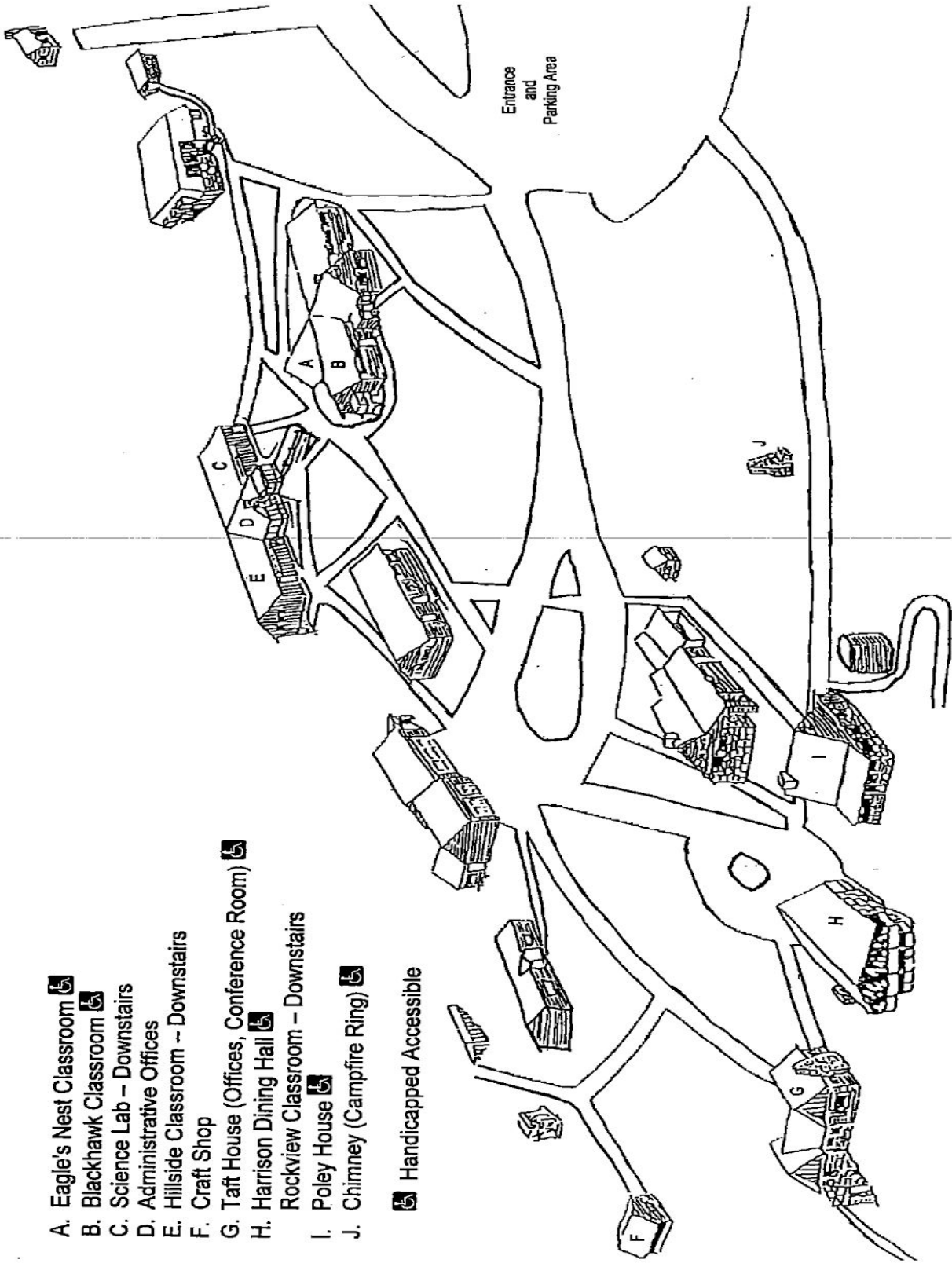
# LORADO TAFT CAMPUS MAP

**LORADO TAFT FIELD CAMPUS**

- A. Eagle's Nest Classroom 
- B. Blackhawk Classroom 
- C. Science Lab - Downstairs
- D. Administrative Offices
- E. Hillside Classroom - Downstairs
- F. Craft Shop
- G. Taft House (Offices, Conference Room) 
- H. Harrison Dining Hall 
- I. Poley House 
- J. Chimney (Campfire Ring) 

Rockview Classroom - Downstairs

 Handicapped Accessible



 Rock River

 Rock River

# WHAT TO BRING STUDENT CHECKLIST

This list is intended to be a guide as you pack for Taft. It is important to remember the variations in climate which occur in the Spring. With this in mind, consider sending older clothes. Remember, that space is limited and students will be expected to carry their own bags to the dorm from the bus.

CLOTHING	THINGS TO CONSIDER BRINGING (Equipment)
<input type="checkbox"/> 2 pairs of closed-toe shoes (NO SANDALS) (gym shoes, comfortable hiking boots)	<input type="checkbox"/> warm, layered clothing
<input type="checkbox"/> 1 pair of long pants per day (NO SHORTS)	<input type="checkbox"/> wool socks / warm socks
<input type="checkbox"/> 1 shirt per day (NO SLEEVELESS SHIRTS)	<input type="checkbox"/> mittens / gloves
<input type="checkbox"/> jacket / sweatshirt / sweater	<input type="checkbox"/> hat / baseball cap
<input type="checkbox"/> rain jacket	<input type="checkbox"/> water bottle
<input type="checkbox"/> several pairs of socks (2 per day)	<input type="checkbox"/> bandanna (head scarf)
<input type="checkbox"/> pajamas	<input type="checkbox"/> camera
<b>PERSONAL ITEMS</b>	<input type="checkbox"/> pen and paper
<input type="checkbox"/> comb or brush	<input type="checkbox"/> day pack
<input type="checkbox"/> toiletries (soap, shampoo, toothpaste, toothbrush, deodorant and other personal items)	<input type="checkbox"/> non-aerosol bug spray
<input type="checkbox"/> sleeping bag or bedroll (pillow is provided)	
<input type="checkbox"/> pillowcase	
<input type="checkbox"/> plastic bags for dirty or wet clothing	
<input type="checkbox"/> towel for showering	

ITEMS NOT ALLOWED
cell phones
iPod's (i.e. Electronic devices)
candy
gum
fireworks
radios
other electronics
hair dryers
curling irons
alarm clocks
snacks
knives
flashlights

# FAQ's

## FREQUENTLY ASKED QUESTIONS

### What provisions are made for health and safety?

- ❖ Registered nurse on duty days, on call nights – resides one mile from Lorado Taft Campus
- ❖ Local physicians also on call
- ❖ Nurse administers any necessary medications with proper authorization. All, including over the counter medications, require a doctor's order. Please have doctor complete enclosed School Medication Authorization form.
- ❖ In case of accident or illness, parents will be notified immediately
- ❖ All students are covered by insurance as included in the fee (This fee also includes meals, lodging and instructional materials)
- ❖ Students are under teacher supervision at all times
- ❖ Lorado Taft phone number is (815) 732-2111. Please use in case of emergency only

### What are the housing facilities like?

- ❖ Modern heated dormitories
- ❖ Bunk beds with sealed mattresses and pillows provided (4 to 12 per room)
- ❖ 2-3 toilets and wash basins per room
- ❖ 4-12 chests of drawers per room
- ❖ Closet space
- ❖ Teachers sleep in dormitories

### What about meals?

- ❖ Served in modern dining hall
- ❖ Served family style (seconds on some things)
- ❖ Students take turns helping set and clear tables
- ❖ Menu includes child favorites like hamburgers, hot dogs, spaghetti and fried chicken
- ❖ Special diet needs can be arranged in advance
- ❖ Serving times: Breakfast 8:00 AM – Lunch 12:00 Noon – Dinner 5:30 PM

### What about bedtime?

- ❖ Prepare for bed, including showers, around 10:00 PM
- ❖ In bed no later than 10:30 PM
- ❖ Snack is served each evening at 8:00 PM

### Is anything not allowed?

- ❖ See "Equipment and Clothing Suggestions" for details
- ❖ No extra food allowed (meals are regular and adequate)

# HEALTH & SAFETY TIPS

Taft and school supervisors will stay with the group at all times!

OUTDOOR BEHAVIOR	DORMITORY BEHAVIOR
<ol style="list-style-type: none"> <li>1. Walk at all times (except during planned activity).</li> <li>2. Watch driveways and roads for cars and trucks.</li> <li>3. Watch swinging branches and twigs (near eyes).</li> <li>4. Do not pick up or touch animals unless instructed to do so.</li> <li>5. Avoid poison ivy all year around.</li> <li>6. Wear comfortable footwear (to avoid blisters).</li> </ol>	<ol style="list-style-type: none"> <li>1. Only one person on top bunk at all times.</li> <li>2. Be careful getting in and out of top bunks (slippery sleeping bags, watch steps).</li> <li>3. Be careful in stocking feet (slide on floor hitting toes on bunks &amp; doors, catch toes under door when opening).</li> <li>4. Pillows are for sleeping only – use them properly.</li> <li>5. Watch fingers in doorways.</li> <li>6. Be careful in slippery showers.</li> <li>7. Sleepwalkers must use bottom bunks.</li> <li>8. Bed wetters should bring own waterproof sheet (inside sleeping bag).</li> </ol>

TICKS BEWARE	HOW TO AVOID TICKS & INSECTS
<ol style="list-style-type: none"> <li>1. Deer tick (causes Lyme Disease).</li> <li>2. Wood and Dog tick (causes Rocky Mountain Spotted Fever)</li> </ol>	<ul style="list-style-type: none"> <li>❖ Wear light colored clothes (so ticks can be seen easily).</li> <li>❖ Tuck long sleeved shirt into pants, button collar and cuff areas.</li> <li>❖ Tuck long pants into socks and boots.</li> <li>❖ Wear protective shoes and a hat.</li> <li>❖ May use insect repellent containing D.E.E.T.</li> <li>❖ Avoid brush and grassy areas whenever possible.</li> <li>❖ Check yourself and children frequently, especially before bedtime.</li> <li>❖ Be aware that animals carry ticks – even in winter.</li> <li>❖ Check yourself and children frequently, especially before bedtime</li> </ul>

SEASONAL INFORMATION: Spring - Summer - Fall	SEASONAL INFORMATION: Winter
<ul style="list-style-type: none"> <li>❖ Dress in long pants (no shorts).</li> <li>❖ Insect repellent (do not apply near eyes/mouth).</li> <li>❖ Drink more liquids to avoid heat exhaustion.</li> <li>❖ Thunder/lightning (return to main campus as quickly as possible).</li> <li>❖ Bee sting allergies (carry EpiPen and know how to use it).</li> <li>❖ Bring waterproof rain wear (hat or hood, too)</li> </ul>	<ul style="list-style-type: none"> <li>❖ Dress in warm layers with hat and mittens.</li> <li>❖ Watch for frostbite.</li> <li>❖ Watch icy sidewalks and trail areas (they may be slippery).</li> <li>❖ No snowball throwing allowed.</li> <li>❖ No Sledding</li> </ul>

MEDICATION	Ill or Injured Students
<p>We will follow District 25 medication procedures. All medications, including over-the-counter medication require a completed <b>MEDICATION FORM</b>. This form requires <b>both</b> physician and parent signature. We have included a blue <b>MEDICATION FORM</b>. Place complete form(s) and place medication(s) in a ziplock bag labeled with your child's name and team name (Delta or Gamma) and return to school no later than Monday, April 22nd.</p>	<p>Adults accompany them to the clinic. Those requiring bed rest return to their dorm room with adult (teacher).</p>

# CONTACT INFORMATION for LORADO TAFT

## DIRECTIONS

Lorado Taft Field Campus is located one and one-half miles north of Oregon, Illinois, adjacent to Lowden State Park.

It may be reached from the east and west by Illinois Highway 64 and from the north and south by Illinois Highway 2.

## ADDRESS

Lorado Taft Field Campus  
1414 North River Road  
P.O. Box 299  
Oregon, IL 61061  
Phone: (815) 732-2111  
Fax: (815) 732-4242

## WEBSITE

<http://www.niu.edu/taft>





# **MEDICATION PROCEDURES LORADO TAFT - 2017**

Complete the **MEDICATION FORM** ONLY if your child will be bringing ANY medication to Taft, including prescription AND over-the-counter medications. This includes Tylenol and other pain relievers, allergy, cough drops and cold medications, vitamins, etc.

## **MEDICATION AND THIS FORM ARE DUE TO SCHOOL ON APRIL 17th**

1. This form requires both physician and parent signature, EVEN for over-the-counter medications.
2. All medication must be in the original manufacturer or pharmacy-labeled container.
3. Place all medication and this completed form in a clear plastic Ziploc bag labeled with your child's homeroom number and team name (Gamma or Delta). Medication will be transported to Taft by TMS staff.
4. If your child needs an inhaler, please provide these items from home. Inhalers kept at school will not be brought to Taft. Students needing these medications are expected to carry them at all times. Make sure your student has adequate pocket space or a drawstring bag to carry these medications.
5. If your child needs an Epi-Pen or Benadryl for allergies, please provide these items from home. Allergy medications kept at school will not be brought to Taft. Students needing these medications are expected to carry them at all times. Make sure your student has adequate pocket space or a drawstring bag to carry these medications. The Illinois Food Allergy Emergency Action Plan and Treatment Authorization form on file at school will be sent to Taft.
6. While at Taft, medications will be managed and administered according to your physician's written instructions.
7. Medication will be returned to the students as they exit the bus upon arrival at TMS on Wednesday (Gamma) or Friday (Delta).

**COMPLETE MEDICATION FORM ONLY IF YOUR CHILD  
WILL BE BRINGING MEDICATION TO TAFT.**

# MEDICATION FORM

Both the parent and physician must complete medication forms when it is necessary that medications be given during Lorado Taft participation.

## PARENT REQUEST FOR MEDICATION TO BE ADMINISTERED AT LORADO TAFT CAMPUS

Student Name: \_\_\_\_\_ Birth Date: \_\_\_\_\_ Homeroom: \_\_\_\_\_

I have read and understand the medication administration procedures in the District Parent/Student Handbook. By signing below, I agree that I am primarily responsible for administering medication to my child. However, I hereby authorize District 25 and its employees and agents, on my behalf, to administer or to attempt to administer to my child lawfully prescribed medication in the manner described below. I acknowledge that it may be necessary for the administration of medications to my child to be performed by an individual other than a school nurse and specifically consent to such practices, and I agree to indemnify and hold harmless the School District and its employees and agents against any claims, except a claim based on willful and wanton conduct, arising out of the administration or the child's self-administration of medication.

Parent/Guardian Printed Name: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## PHYSICIAN'S REQUEST FOR MEDICATION TO BE ADMINISTERED AT LORADO TAFT CAMPUS To Be Completed by Physician

Child's Name: \_\_\_\_\_

Medication and Dosage: \_\_\_\_\_

Medication and Dosage: \_\_\_\_\_

Medication and Dosage: \_\_\_\_\_

For What Condition(s)? \_\_\_\_\_

Anticipated Results: \_\_\_\_\_

Possible Adverse Effects: \_\_\_\_\_

Length of time medication to be administered? \_\_\_\_\_

Other medications student is receiving: \_\_\_\_\_

Physician Printed Name: \_\_\_\_\_

Physician Signature: \_\_\_\_\_ Date: \_\_\_\_\_