

PRETEEN | TEEN | ADULT | SENIOR

INDOOR

TRIPLE



ATHLON



NEW FORMAT!
10 minute swim/
10 minute transition/
20 minute bike/
10 minute transition/
and 15 minute run

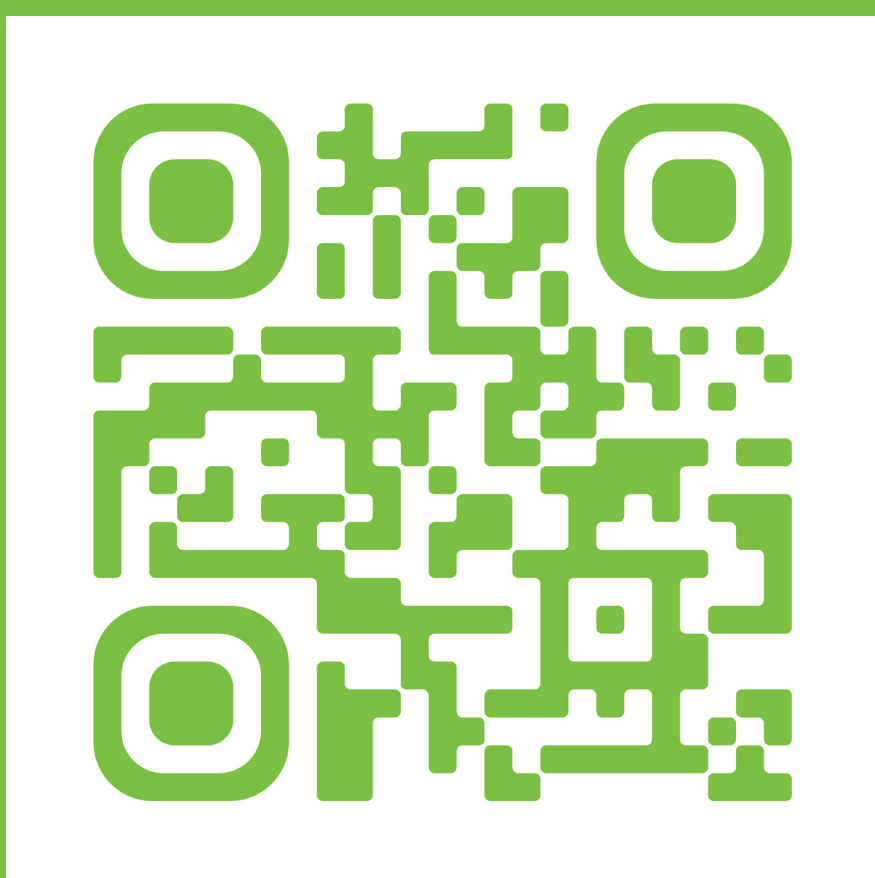


SATURDAY, NOVEMBER 22

9AM-12PM

ARLINGTON RIDGE CENTER

SCAN TO
REGISTER
& CHECK
OUT OUR NEW
PREP CLASSES!



ahpd.org | 847.577.3000 | @ahparkdistrict