



THOMAS | GREENBRIER | IVY HILL | OLIVE | PATTON
SOUTH | DRYDEN | WESTGATE | WINDSOR

January 2022

Dear District 25 Families,

Governor Pritzker signed a [new bill](#) into law that allows students to take mental health days throughout the school year.

According to the bill, all students in Illinois will be able to take up to five excused mental health days **starting in January 2022**. Students who take a mental health day will not be required to provide their school with a doctor's note and will be able to make up any work that was missed on their day off.

Please note: Once a parent requests a second mental health day for their child, the district is obligated by law to consider having a school mental health staff member (social worker, psychologist, or administrator) reach out to the family, and the student may be referred to a professional for support.

When parents [call their students in for an absence or submit an absence online](#), please identify that this absence is for a mental health day. If your child is in need of support please reach out to your building administration, social worker, or psychologist, so that we can assist in providing the support needed.

In District 25, we will be developing our process for reaching out to families when that second day occurs and aligning support services that could be offered.

Sincerely,

District 25 Administration

[Para esta carta en español, haga clic aquí.](#)

[Aby otrzymać ten list w języku polskim, kliknij tutaj.](#)