



# Illinois Fencers Club

*Committed to Youth Development*

## The Youth Program offers students:

- High quality fencing instruction
- Fun with friends
- Athletic, academic, and personal success
- Personal responsibility



The athlete-centered Youth Program offers a holistic approach to student development. Its goal is to promote athletic success, as well as personal growth. Participants experience a gradual learning process focused on effort, through which they build their independence and confidence. The positive atmosphere created by the coaches allows students to master the sport of fencing, while learning self-awareness, self-control, resilience, communication and analytical thinking.

## Meet The Coaches



### **Ina Harizanova, Psy. D.**

World Cup winner and multiple Bulgarian champion in Modern Pentathlon and Fencing, Ina inspires her young athletes to reach for their best in fencing, school, at home, and with friends. She has brought fencers to compete at the US Olympic Trials. Her students have earned over 25 medals in team and individual events from national and international tournaments. Program graduates continue to study and fence in colleges such as Yale, Stanford, MIT, Johns Hopkins, Duke and Notre Dame.



### **Fernando Delgado**

Fernando is the Illinois Division Chair, Head Fencing Coach of the Stevenson High School fencing program, and has 30 years of coaching experience. Many of his athletes achieve great success at local and national levels. Fernando specializes in foil and is available for private lessons. As a highly rated fencing referee, Fernando is often invited to all national level tournaments.



- Reasonably priced classes
- All fencing gear is provided

Classes held at: **Lions Recreation Center**  
411 S. Maple Street  
Mount Prospect, IL 60056  
(847) 632-9333



For more information, contact Ina Harizanova at 773.588.6244 or [Ina@ifcfencing.org](mailto:Ina@ifcfencing.org)

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